

eXciteOSA improves the function of the tongue and upper airway muscles through stimulation therapy. The goal of this proven method is to build muscle endurance and prevent airway collapse, thereby improving sleep quality.

### Patient Information

Name: \_\_\_\_\_

Address: \_\_\_\_\_

DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M/F

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Dentist: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

### Mild OSA/Snoring Warning Signs

- |  |   |
|--|---|
| <input type="checkbox"/> Sleep Disturbances  | <input type="checkbox"/> Snoring            |
| <input type="checkbox"/> Grinding / Clenching of Teeth   | <input type="checkbox"/> Headaches          |
| <input type="checkbox"/> High Blood Pressure   | <input type="checkbox"/> Wearing Nightguard |
| <input type="checkbox"/> Mallampati Airway Assessment (1 to 4, 1 = Unrestricted 4 = Restricted): _____ |   |
| <input type="checkbox"/> Other: _____  |   |

Sleep Consult Recommended?  Yes  No

### Next Steps

Please fax this referral to the physician below and begin your journey towards better sleep.

Physician: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Visit the eXciteOSA  
website to learn more



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